<u>吉隆坡臺灣學校</u> 109學年暑假期間學生活動安全宣導注意事項

暑假將至,為維護學生健康及安全,本校就下列事項提醒安全預防工作, 以避免學生涉足不良場所或從事無安全規劃之工作,肇生意外事件:

一、活動安全:

- (一)室內活動:包含電影院、百貨公司賣場、Karaoke等,首應瞭解該等場所之逃生路線及逃生設備所在,如:滅火器、緩降機等之使用方式。
- (二)戶外活動:包含登山、近海游泳或其他體育團體活動,應注意天 候及地形之變化,同學若外出游泳,請結伴而行,且 應到有安全設施及救生之游泳池,以維護生命安全, 請勿隨意至無安全設施之地方場所游泳、戲水。
- 二、交通安全:請叮嚀孩子們遵守各項交通規則及號誌、標誌、標線與交通 服務人員之指揮,以策安全。

三、居住安全:

- (一) 杜絕一氧化碳中毒:注意室內空氣流通,使用時勿將門窗緊閉; 此外,外出及就寢前亦必須檢查用電及瓦斯 是否已關閉,以確保安全。
- (二)注意人身安全:夜間返回住處或行經偏僻昏暗巷道時,應小心有無不明人士跟蹤尾隨,個人自保物品如:防狼噴霧劑、哨子等應隨身攜帶,以備不時之需。

四、毒品及藥物濫用防制:

暑假期間應保持正常及規律之生活作息,切勿受同儕及校外人士慫恿而好奇嘗試,因而造成自我及家人之終身遺憾。

五、犯罪預防:

近年來逐漸增多的電腦網路犯罪事件如:違法上傳不當影片、竊取他人網路遊戲虛擬貨幣及道具、入侵他人網站竊取或篡改資料等,尊重個人隱私權益,以免誤蹈法網。

六、因應嚴重特殊傳染性肺炎疫情防疫事項

馬來西亞國家安全理事會日前宣布延長行動管制令(MCO),其規定那個包括但不限於以下事項:

- 1. 所有餐飲業僅能外送及自取服務。
- 2. 每戶同車共乘僅限2人,因醫療原因可至3人。
- 3. 禁止跨州及跨縣,行動距離限制為10公里。
- 4. 僅能進行慢跑等非接觸性運動。
- 5. 不能舉行婚禮、招待會、生日慶典等活動。
- 6. 赴約施打疫苗無需向警局申請通行證,可直接前往疫苗接種中心。
- 7. 請家長及同學密切留意 mkn. gov. my 獲得管制令更新訊息。

最後祝福 閤家暑假愉快

吉隆坡臺灣學校 謹啟 2021 年 6 月 17 日

Chinese Taipei School (Kuala Lumpur)

Safety Notice of Summer vacation 2021

Dear parents,

The summer vacation is coming. For your children's safety, please read the following safety direction and remind your children not to go to the inappropriate place or not to go for an activity without any plan.

I. Activity Safety Guidelines,

A. Indoor Activities,

Includes cinema, shopping mall, karaoke, etc. One should be familiar with the emergency escape route and where the fire evacuation equipment is, such as fire extinguisher, escape sling, etc. and know how to use it when necessary.

B. Outdoor Activities,

Includes mountain climbing, river tracing, and any other group activities. One should notice the weather and the changing landscape. Please be accompanied when go swimming outside. It is recommended that one swim in the qualified swimming pool. When going to the beach, one should also swim only at a lifeguard-protected beach, within the designated swimming area. Obey all instructions and orders from lifeguards.

II. Traffic Safety,

To ensure safety, reminds children to follow the traffic regulations, signal, road signs, road traffic marking, and the directions given by the traffic conductor.

III. Safety in Residential Accommodation

A. To prevent Carbon monoxide poisoning, make sure the airiness indoors. When using any heating system, water heater and any other gas, oil, or coal burning appliances, do not close the window. In addition, Before going out or to bed, double check if one has turned off the electric power and gas.

B. Personal Safety,

When going back to one's place, or walking into areas that are dimly lit, one should recognize if someone is following you. Bring along the self-defense equipment, such as pepper spray, or whistle, just in case.

IV. Drug Abuse Prevention,

One should keep a regular daily routine and sleep schedule to stay healthy. Don't be tempted by friends or outsider to take drugs for fear that one should regret in one's lifetime.

V. Crime Prevention,

Recently, more and more cyber crimes are happening, for example, uploading illegal films, hacking accounts and stealing loot, gold, and items, hacking websites to steal or revise and distort the information, etc. Please increasing care so as not to infringe one's privacy and copyright.

VI. Pandemic Prevention

A. In Malaysia, government announced the Movement Control Order will extend untill June 28th,2020. All must wear masks in public and scan the MySejahtera QR code when entry

any shops or institutions. Anyone whose body temperature exceeds 37.5 degrees Celsius is not allowed to enter any store or public places; if the temperature is normal, disinfect hands with hand sanitizer. Violation of SOP will be fined 1,000 ringgit or imprisonment for more then 6 months or both. (Prevention and Control of Infectious Diseases Regulations 2020)

C. Inter-district travel within Movement Control Order areas and inter-state without permission from the Royal Malaysian Police (PDRM) is not allowed. Only 2 people per household are allowed to acquire essential supplies within 10 km radius of their residence. 3 people including the patient are allowed to go out to abtain healthcare or medical services. For recreational activities, jogging is allowed in groups of not exceeding 2 people and within neighbourhood area. Cycling in groups is not allowed and only cycling by oneself not more than 10 km from the place of residence is allowed. Pupils and parents should log on mkn.gov.my website for most updated information.

Last, I wish you all have a pleasant summer vacation.

Chinese Taipei School (KL) 17th June 2021